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CONCUSSIONS: WHAT YOU NEED TO KNOW

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WHY IS THIS IMPORTANT?

CONTINUED PARTICIPATION RISKS:

- ① **WORSENING SYMPTOMS**
- ① **INCREASED RISK OF FURTHER INJURY**
- ① **INCREASED RISK OF DEATH**



WHY SO CAREFUL?

- ◎ **SCHOOL-AGE BRAIN DOES NOT RECOVER QUICKLY ENOUGH**
- ◎ **NEED FOR MEDICAL EVALUATION**
- ◎ **NEED FOR RETURN TO PLAY PLAN**



SIGNS, SYMPTOMS, BEHAVIORS

AS OBSERVED BY OTHERS:

- **Appears dazed or stunned**
- **Is confused about assignment**
- **Forgets instruction**
- **Is unsure of game, score or opponent**
- **Moves clumsily**
- **Answers questions slowly**
- **Loses consciousness**
- **Shows behavior or personality changes**
- **Can't recall events prior to hit**
- **Can't recall events after hit/fall**



SIGNS, SYMPTOMS, BEHAVIORS

OFFICIALS DO NOT TREAT PLAYERS

OFFICIALS DO NOT DIAGNOSE

**OFFICIALS RECOGNIZE SIGNS,
SYMPTOMS, BEHAVIORS**

REMOVE PLAYER FROM MATCH

PREVENT RE-ENTRY ON SAME DAY



SIGNS, SYMPTOMS, BEHAVIORS

AS REPORTED BY ATHLETE:

- **Headache or Pressure in Head**
- **Nausea or vomiting**
- **Balance problems or dizziness**
- **Double vision or fuzzy vision**
- **Sensitivity to light or noise**
- **Feeling sluggish or hazy**
- **Feeling foggy or groggy**
- **Concentration or memory problems**
- **Confusion**
- **Feels “down” or “not right”**



SIGNS, SYMPTOMS, BEHAVIORS

IF ANY ARE PRESENT:

- 1. IMMEDIATE STOPPAGE & REMOVAL**
- 2. NO RETURN TO PLAY ON SAME DAY.
PERIOD.**
- 3. FOLLOW RTP PROTOCOL FOR POSSIBLE
RETURN *ON A LATER DAY***
- 4. FOLLOW OHIO LAW, NOT NFHS RULES**



OHIO LAW GOVERNS

- ◎ **R.C. 3313.539 OVERRIDES NFHS**
- ◎ **AM. SUB. H.B. 143 OF 129TH GENERAL ASSEMBLY**
- ◎ **NO RETURN TO PLAY ON SAME DAY. PERIOD.**
- ◎ **RTP PROTOCOL FOR RETURN *AFTER* DAY OF REMOVAL**



WHO ENFORCES?

ALL OF THE ADULTS:

- ⊙ **COACHES**
- ⊙ **CONTEST OFFICIALS**
- ⊙ **ADMINISTRATORS**
- ⊙ **MEDICAL PERSONNEL**
- ⊙ **STUDENTS & PARENTS**



WHAT DO COACHES DO?

- ⊙ **REVIEW AND KNOW SIGNS, SYMPTOMS & BEHAVIORS OF CONCUSSION**
- ⊙ **PROHIBIT PARTICIPATION ON SAME DAY IN MATCH OR PRACTICE BY ATHLETE WHO SHOWS SIGNS, SYMPTOMS OR BEHAVIORS**
- ⊙ **COACH NOT A MEDICAL PROFESSIONAL**
- ⊙ **HAS NO AUTHORITY TO DETERMINE IF THERE HAS BEEN A CONCUSSION**
- ⊙ **ENSURES PLAYER'S PARENTS ARE NOTIFIED & STUDENT IS REFERRED TO A MEDICAL PROFESSIONAL**
- ⊙ **PAP RENEWAL INCLUDES CONCUSSION CERT'N.**



WHAT DO OFFICIALS DO?

- ⊙ REVIEW & KNOW SIGNS, SYMPTOMS & BEHAVIORS OF CONCUSSION
- ⊙ NOT EXPECTED TO BE MEDICAL PROFESSIONALS
- ⊙ NO AUTHORITY TO DETERMINE IF THERE HAS BEEN A CONCUSSION
- ⊙ IMMEDIATE STOPPAGE & REMOVAL
- ⊙ NO RETURN TO PLAY ON SAME DAY. PERIOD.
- ⊙ FOLLOW OHIO LAW, NOT NFHS RULES
- ⊙ NO RTP AFTER THE DAY, W/O WRITTEN PERMISSION
- ⊙ CONCUSSION CERT'N. ON LICENSE RENEWAL



WHAT DO OFFICIALS DO?

- ⊙ **DIRECT IMMEDIATE REMOVAL OF ANY PLAYER WHO DISPLAYS SIGNS, SYMPTOMS, BEHAVIORS**
- ⊙ **INFORM COACH IN PRESENCE OF 2ND OFFICIAL**
- ⊙ **DO NOT PERMIT RETURN TO PLAY OF ON THE SAME DAY**
- ⊙ **NO RTP AFTER THE DAY W/O WRITTEN PERMISSION**
- ⊙ **HEAD REFEREE FILES CONCUSSION REPORT WITH OHSAA WITHIN 48 HOURS**
- ⊙ **CARRY PROOF OF CONCUSSION COURSE COMPLETION, YOUR OHSAA LICENSE**



LET COACH/TRAINER KNOW

- ◎ **TWO OFFICIALS ALWAYS LET COACH & TRAINER KNOW WHAT THEY OBSERVED**
- ◎ **GIVE COACH & TRAINER ALL OF THE INFORMATION**
- ◎ **REMIND COACH OF NO RETURN ON SAME DAY**
- ◎ **HEAD REFEREE SENDS CONCUSSION REPORT FORM TO OHSAA WITHIN 48 HOURS**



PLAYER RETURNS SAME DAY

**IN A GAME, IF AN OFFICIAL BECOMES
AWARE THAT PLAYER HAS RETURNED
ON SAME DAY:**

- ⦿ **STOP PLAY IMMEDIATELY**
- ⦿ **REMOVE PLAYER**
- ⦿ **NOTE THIS ON OHSAA CONCUSSION REPORT
WITHIN 48 HOURS**



OHSAA CONCUSSION REPORT

- ⊙ **FILE WITH OHSAA IF PLAYER IS REMOVED**
- ⊙ **FILE WITHIN 48 HOURS OF END OF MATCH**
- ⊙ **KEEP A COPY IN A SAFE PLACE**



CONCUSSION REPORT

- ① Student's Name
- ① Date
- ① School Name
- ① Sport
- ① Level of Contest (Circle One) 7th 8th 9th JV Varsity
- ① Official's Name
- ① OHSAA Permit #
- ① Comments: _____
- ① Please forward to Brandy Young at the OHSAA within 48 hours.